

SFK

MULTISPORTS



SCHOOLS

PARTNERSHIP PROGRAMME

'Providing Innovation In Sports Coaching'

With over 15 years experience in the sports coaching field, SFK Multisports has now dedicated it's services to improve the sport provision for communities, schools and groups. We aim to create innovative ideas with a strong influence on quality and consistency in our provision.



WE ARE FORGING FUTURE



Department for Education



Leicestershire County Council



Leicester City Council



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SFK MULTISPORTS



Assemblies & Workshops

- KS2 Workshops
- Pupil Engagement
- Inclusivity
- Pathways in Sport
- Extra Curricular Clubs
- Exercise at home
- Diet and Nutrition



School Sport provision



- Breakfast Club
- Lunchtime Clubs
- PE Provision
- PE Support
- After School Clubs
- Wraparound Care
- Swimming Support
- School Games Events
- Sports Days

Half Day Workshops

Example Timetable

This example includes:

1x Education Co-ordinator delivering 1x Workshop for 1x class; AM.

2x Education Co-ordinators delivering 1x Workshop for 1x Year Group; PM.

2-3 Hours per Workshop.

Resilience through Sport

Times AM	Class only (AM) - 30 Students	Times PM	Year 6 (PM) - 60+ Students
9:00 - 9:30 (30mins)	Presentation	11:30 - 12:00 (30mins)	Whole Year Presentation
9:30 - 10:30 (60 mins)	Physical Activity (Fencing)	12:00 - 13:00	Lunch 60 mins
10:30 - 10:45	Break 15 mins	13:00 - 14:15 (75 mins)	Physical Activity (Fencing)
10:45 - 11:30 (45 mins)	Blended: interactive presentation + Circuit Training Course (Competitions & Awards)	14:15 - 15:00 (45 mins)	Blended: interactive presentation + Circuit Training Course (Competitions & Awards)

SCHOOL REQUESTS AVAILABLE

60 minute / 2 hour (AM / PM Only)

3 hour & Full Day Workshops available

Built to be Inspiring and motivational, cater to a range of students with different learning styles and be in-line with the national curriculum.

Our coaches are experienced in working with SEN pupils as well as children who cause low-high levels of disruption within the classroom.

We can accommodate sessions for a *whole academic school* or *year group* and schedule sessions throughout a term

Mix and match the workshops you'd like your students to take part in! Please get in touch to let us know your school's requests



School Sports Club Programme

Breakfast/Lunchtime & After School Clubs

Our School Sports Club Programme gives pupils the chance to take part in extra curricular activities; promoting positive behaviour, teamwork, fair play and fun in a variety of different sports. Take a look at some of the clubs we offer;

Experienced in a range of class sizes and ages,
We offer:

- Foundation (F1 / F2)
- KS1 / KS2
- Girls Only (Female Coaches available)
- SEN classes
- Behavioural Support
- 1-1 support

Basketball

Badminton

Athletics

Martial Arts

Football

Cricket

Gymnastics

Multi Sports

Netball

Tennis

Dance

Arts & Crafts



Continued Personal Development - Our Coaches regularly take part in recognised & accredited CPD to boost their professional knowledge and improve their understanding in areas such as; Behaviour Management and leading High Quality PE for KS1 & KS2.

Sports Provision - The criteria for the Primary School PE funding is to raise the profile of PE across the whole school.

We do this with effective and detailed planning and more importantly putting into practice what is on paper. We aim to get every child as active as possible in our teaching time.

Holiday Club Provision

Wraparound Care - Term Time

School Holiday Programme delivered in your School for Children:

- Staffed by Physical Education Professionals and Teaching Assistants
- High Quality Childcare
- Consistent & Reliable Staff
- Cover staff available on demand
- Delivered to meet Ofsted regulations
- Level 2 Food and Hygiene safety for food qualified



Our Breakfast & After School Provision:

Administration externally managed // Regular Staff Observations for quality assurance // Government Funded Programme

PPA Cover / PE Support

Sport Premium & School Games

All our coaches are trained to:

- Listen to Pupils Needs
- Offer Support
- Promote Positive Behaviour
- Offer Encouragement and build Self-Esteem
- Become Positive Role Models for young children.



Our partner schools benefit from:

Effective and meaningful **Review Meetings** with our partnership manager, your SFK School Staff member & School PE Coordinator.

Consistent and **qualified** sports coaches able to lead, plan, and correctly **assess** lesson outcomes

Short-term & Long-term **session planning** - aligned with National Curriculum

Support staff available to improve the sporting culture within your school and aid current PE Staff

1-1 & Small grouped **behavioural support** - Plan, reward, develop positive behaviours and relationships through sport

Access to our own **specialized equipment** for extra-curricular and PE lessons.

Links to the **community** - Sports teams, clubs, regular evening sessions for children wanting to develop life and sporting skills further

Engaging Lessons built from communication with the children

Staff available to support your Schools needs: Parents evenings, Sports Days, School fairs, Ofsted inspections,

Effective **School games** preparation and delivery



Resilience & Self Efficacy Programme

We have partnered with We Are Forging Futures in association with British Fencing and exclusively deliver their flagship personal development, PE, School Sport and Physical Activity programme.

Ofsted-aligned and focused on resilience and self-efficacy, it comes with 36+ complete lesson plans spanning six development stages and links to British Fencing's Achievement Awards scheme.

“SFK Multisports deliver a holistic fencing experience that goes beyond a have-a-go experience, unlocks students potential; as well as engage the disengaged, through a thematic and games-based delivery.” - *British Fencing*

- ✓ Breakfast / Lunchtime / After School Clubs
- ✓ PE Curriculum (6-8 Week Blocks)
- ✓ KS1 & KS2 Workshops

1

Award and recognise students progression with British Fencing's Achievement Awards.

2

Lesson plans implement concept of Resilience from session one.

3

Physical Literacy - how fencing can help children to think, feel, move, and connect with others.



Testimonials

We have had so much positive feedback stemming from our partners, and schools we build relationships with. Importantly to, the parents/guardians and children from our community. All of which highlights the difference our programme has made thus far, and reinforces the fulfilment our staff gain from making a positive difference to the children:

“The staff are supportive, friendly and patient with the children. I would be happy with an indoor option in the winter.”

“The Staff are really friendly and the kids spoke highly of them. They enjoy the variety of activities.”

“No complaints - my child thoroughly enjoyed every session and is excited to attend again next year.”

“Very well organised and kids enjoyed it so much.”

“My son loves coming to the holiday camps throughout the year. I think you should run classes during weekends or after school clubs in football or multi sports.”

“I have to say an enormous thank you to all at SFK!
The coaches at SFK are true role models - all outstanding and dedicated...”

Over the last couple of years I see them always engaging with the children, & consistently going above and beyond. This great conduct has had a truly positive effect on my son, helping to shape his development and create a mutual respect to carry with him as he grows.”

“The Staff are really friendly and the kids spoke highly of them. They enjoy the variety of activities.”

“My son absolutely loved it there Staff were very friendly and helpful He only went a couple of days during summer but he wished he could go longer.”

“Very good communication with the staff and my kids really enjoyed the camp”

“I just loved having the opportunity to be able to send my 2 children through out the summer, for them to make new friends. Gain confidence and new skills. And to have fun. They loved going everyday”

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"They offer a wide variety of sporting activities and are flexible in their approach to suit the interests of our children..."

...playground activities were built around various team sports, and provided a focus for the children. It also quickly became an incentive for improved behavior, as many of the children really enjoyed these sessions, and did not want to miss out."

- S Lad

Deputy Head

Shenton Primary School

"They encourage the children to do their best and actively seek out opportunities for the children to join other community events and competitions to build their confidence and further develop their skills..."

...quickly build relationships with other lunch time staff, and the pupils."

- G.Ostah

Business Manager

St Barnabas C of E Primary School

WE ARE FORGING FUTURES

BRITISH FENCING

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